

### Lunch Buffet Menu 10-14, October 2016

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Soup</b>	Carrot & ginger soup	Bean soup	Noodle soup	Curry soup	Vegetable soup
<b>Protein: (1)</b>	Braised beef stew with mixed vegetables	Meatloaf with mushroom mustard sauce & fresh tarragon	Crispy baked fish sweet & sour sauce	Chicken kofta with tomato sauce	Fish cake with coriander & mint sauce
<b>Protein: (2)</b>	Chicken biriyani	Chicken curry	Meat lasagna	Roast beef with brown sauce	Sweet & sour chicken
<b>Vegetables:</b>	Scallop Potato	Stir fried julienne vegetables	Green Bean Casserole	Broccoli with pesto	Steamed mixed vegetable
<b>Starch: Pasta, Rice, Potatoes, etc.</b>	Creamed macaroni with kale	Mashed potatoes	Fried rice with mixed vegetables	Green rice	Steamed rice
<b>Vegetarian Dish</b>	Vegetable Moussaka	Vegetable quiche with sauce	Broccoli & cauliflower gratin	Vegetable patties with tomato sauce	Vegetable pizza on whole wheat crust
<b>Salad</b>	Three beans salad	Asian salad	Beetroot & potato salad	Green leaves salad	Couscous Salad
<b>Dessert:</b>	Whole Fruit	Strawberry Mousse Cake	Fruit Salad	Whole Fruit	Banana cake

### Every Tuesday Salad Bar Available and Every Friday Special Section

<b>National Dish</b>	Bozena Shiro Atkilt Besiga Fosolia Bekarot Difin Miser Alich Shiro Key Wot	Shiro Key Wot Minchet Abish Key Atakilt Alich Ethiopian Tibs Gomen Besiga	Ater Kik Key Wot Yeabesha Gomen Shiro Alich Yesuf Fitfit Shiro Key Wot	Dinich Besiga wot Yebeq Kikil Fitfit Key Shiro Wot Tikil Gomen Ethiopian Tibs	Misir Kik Key wot Carrot,GB,BP,Cab Dinich Key Wot Ater Fitfit Shiro Key Wot
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Available with all meals: Water and Dinner Rolls

Buffet Prices by Grade:

KG – G2: **45 Birr**, G3 – G5: **55 Birr**, G6 –G8 **65 Birr**, G9 – 12: **70 Birr** , National Dish **60 Birr**