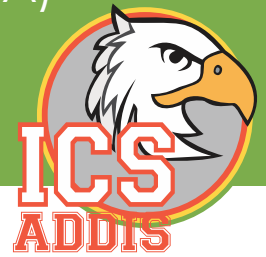


MS/HS After School Activities (ASA)

SEASON 3

Starts on Monday 27 March 2017

Ends on Friday 26 May 2017



Online Registration

Opens Monday 20 March
at 8:00 AM

Closes Friday 24 March
at 3:45 PM

Welcome to Season 3 of the 2016–17 school year. It's our belief that pursuing a hobby, learning something new, or being involved in a club that benefits others in our communities at ICS or in Addis Ababa will reap many benefits to you in return.

Listed in this booklet are the activities available this season. It is feasible that you could do something every day. However, try to be aware of your other commitments, academic or otherwise; the key is balancing all the things that you are involved in. If you are involved on a sports team, you have committed to a minimum of 3 practices each week already and that will take precedent.

Athletics sports team practice days will always be:

U12 Boys Basketball (G6) - Mon and Thurs
U14 Boys Volleyball - Mon and Thur
U16 Boys Soccer - Tue, Fri and Sat
U19 Boys Soccer - Tue, Fri and Sat
Open Boys Golf - Tue and Fri
Open Boys Tennis - Mon, Wed and Fri

U12 Girls Basketball (G6) - Mon and Thur
U14 Girls Volleyball - Mon and Thur
U16 Girls Soccer - Tue, Fri and Sat
U19 Girls Soccer - Tue, Fri and Sat
Open Girls Golf - Tue and Fri
Open Girls Tennis - Mon, Wed and Fri

You can quickly see how this can fill your time up. If you are committed to those teams, we expect you to be at practice at all of those days, so plan accordingly.

Other clubs such as MUN, NHS, Student Council, Drama, Art or Music, will be scheduled on different days from team sports where possible, so you may find your week is already full with team sports and clubs. Therefore, activities are often for those students who are not playing sports that season, or who are not involved in a year round club. If that is you, we encourage your participation in order to take advantage of these additional opportunities offered.

HOW TO SIGN UP FOR ACTIVITIES

Middle School: Sign up begins at 8:00 AM, on Monday 20 March, click [HERE](#) to sign up.

High School: Sign up begins at 8:00 AM on Monday 20 March, click [HERE](#) to sign up.

HOW TO SIGN UP FOR ATHLETICS

This is open already. Click [HERE](#) to sign up for athletics.

User name: first name-last name first initial (mick-c) Password: your password is on your ID (4 digits eg. 1234)

For new students and those who have changed passports we will need a scanned copy of the picture page also. For those wanting to travel on ISSEA teams we urge you to check your passport has 6 months validity still in it from the time of travel. Have fun, get involved in Eagle Activities and Athletics and see where it can take you.

Mick Cooper and Eyerusalem Nadew (ICS Activities and Athletics)



CONTACT THE ATHLETICS AND ACTIVITIES DEPARTMENT WITH ANY QUESTIONS:

Eyerusalem Nadew: eyerusalem.nadew@icsaddis.edu.et

MONDAY

Maria Hewitt	Dance Fitness	Grade Level: G6 Place: EC4B Limit: 15
Join us for a super fun time learning dance moves to current songs. We'll vote as a group which song you want to practice the most and perform it for an audience of your choosing. (If you did the session in the Fall, you can sign up for this again and we will have you perform your routine at an assembly as we did not get a chance to do it before!)		
Lucky Tails	Mat Pines	Grade Level: HS Place: S-101 Limit: 15
Street dogs do it rough in Addis. Lucky tails is a student-led activity aiming to improve the plight of street dogs and ultimately reduce street dog numbers by influencing perceptions of dogs. Potential actions by students include educating the general public about dogs, improve the welfare of street dogs, helping dogs find loving homes and puppy training.		
Operation Smile	David Acland	Grade Level: HS Place: S-105 Limit: 15
Operations Smile is a service activity that works to raise awareness and money to support annual focussed surgery sessions for children with cleft lip or cleft palate. These children are often shunned by their communities and have little access to education until this relatively simple and cost effective surgery can be performed. We work in concert with the Ethiopian branch of this global charity: www.operationsmile.org . We meet every Monday afternoon to discuss and plan fund raising events in concert with other ICS groups and the local community. There are great opportunities for building your CAS portfolio and for developing leadership and management skills. We aim to beat the 73,000 birr we raised in the 2015–2016 school year - come and join us to make that happen and give your time and energy to this great cause that makes a real difference to the lives of local children.		
MUN	Sisay Zewde	Grade Level: HS Place: SEC Limit: No limit
Model United Nations, also known as Model UN or MUN, is an extra-curricular activity in which students typically role-play delegates to the United Nations and simulate UN committees.		
SOS	Gabriela Gade	Grade Level: HS Place: SOS Children's Village Limit: 10
This activity is run by Spanish students. The idea is to teach Spanish at SOS Children's Village. The teaching will be done through music and games.		
Greg Giles	Art Mural Project	Grade Level: MS/HS Place: S-022 Limit: 15
We are working together to create ideas for an ICS / Ethiopia the med mural. All open-minded people with a positive attitude are welcome.		
Get Animated	Lia Hansen-Cohen, Joshua Ndinya, Leah Hummel and Candace Estallani	Grade Level: MS Place: Mekdela School Limit: 15
Get Animated is an after school art activity/club that will work with Mekdela to create murals on and around the Mekdela school campus. Geared towards ICS Middle school students working with Mekdela students to create art murals around Mekdela.		
Cynthia Milone	Physics Club	Grade Level: G6-7 Place: S-107 Limit: 15
An exploration of Newton's Laws, experiments with speed and acceleration, and an introduction to force and work.		
Lori Hymes	Amazing Races	Grade Level: MS Place: S-110 Limit: 16
Come participate in all sorts of whacky challenging races. Some races will involve strength, speed, creativity and eating. All races will involve following directions, finding clues, using determination and laughing. Come join the fun!!		

TUESDAY

<p>Chess Club Penninah De Aviles</p> <p>Chess club is an after school activity that teaches concepts and strategies in chess. No prior knowledge is required to participate in this activity and anyone interested can participate. The teaching will be done through various organized power points and fun chess games. Chess club will also provide students with a platform to compete as it will be holding a championship competition. Everyone will be given a chance to play a game in each session. So if you want to increase your concentration, power and critical thinking skill, join our club!</p>	<p>Grade Level: G7-12 Place: S-118 Limit: 20</p>
<p>Knit Wits 2 Jill Fenn</p> <p>"In Knit Wits 2, students will learn advanced stitches and how to read a proper pattern. Kids will be expected to finish a piece and contribute to a project. This is an ADVANCED knitting ASA; you must know how to cast-on, cast-off (bind off), knit and purl (independently). Knitting basics will not be taught! **If you have yarn and needles (or can contribute), it would be greatly appreciated."</p>	<p>Grade Level: G6 Place: C-017 Limit: 15</p>
<p>Greg Giles Art Mural Project</p> <p>We are working together to create ideas for an ICS / Ethiopia the med mural. All open-minded people with a positive attitude are welcome.</p>	<p>Grade Level: MS/HS Place: S-022 Limit: 15</p>
<p>Fun PE Games and Fitness Activities Netsanet Abebe</p> <p>Hello everyone. We are happy to announce that there's gonna be a "Fun PE games and fitness activity day" on Tuesday. It would certainly be our pleasure if you could join us on the fun PE and fitness activity day. so, please come and join us.</p>	<p>Grade Level: G6 Place: Lower Field Limit: 15</p>
<p>TED Ed Club Luanne Paproski</p> <p>"TED Ed Club: Do you want to create a video about a big idea that you feel passionate about? Do you like to discuss and debate? Do you want to learn more about storytelling and storyboarding? Do you want to improve your public speaking skills? Then this TED Ed Club is for you! We will share, debate, and discuss the ideas presented in TED Talks and TED-Ed Lessons in order to learn from them. Then we will develop and present our own big ideas based on our passions. We will gain skills in storytelling/storyboarding, production, and creating visuals that communicate our ideas clearly. Our final project will be to video our big ideas presentations in the form of short TED-style talks, and submit them to the award-winning web platform, ed.ted.com.</p>	<p>Grade Level: MS Place: S-018 Limit: 15</p>
<p>Floor Hockey Cory Milone</p> <p>Tired of living in a country where there's no ice? Come join us each week for a game of classic floor hockey! No experience necessary!</p>	<p>Grade Level: MS Place: Upper Basketball Court Limit: 24</p>
<p>Volleyball James Ralston and Goliad Tamrou</p> <p>If you enjoy volleyball, then come along for an entertaining hour of volleyball. Only prerequisite is to participate 100%.</p>	<p>Grade Level: MS Place: Lower Volleyball Court Limit: 15</p>



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WEDNESDAY

<p>E-Pads - Empowering Girls & Women Tash McCarroll</p> <p>A student led and award winning project where you can learn how to sew washable pads for girls to stay in school! Empowerment pads. You will help develop/design and sew a local pad and learn about how to educate others on the importance of Menstrual Health and Hygiene.</p>	<p>Grade Level: G8-12 Place: SEC2 Limit: 20 Time: 2:15-4:30 PM</p>
<p>Burn Care @ Cure Hospital Belaineh Mekonnen</p> <p>ICS Students have been going to the Burn Care unit at Cure Hospital for the past few years (at Korean Hospital) to work with children and adults of all ages who are recovering from burns, many of whom have never been to school. Playing games, doing art, going for walks, making bandages, or working with children in the rehabilitation program. Students have also been able to observe surgeries.</p>	<p>Grade Level: G8-12 Place: Cure Hospital Limit: 15 Time: 2:15-4:30 PM</p>
<p>Mekdela Computers John Iglar</p> <p>The goal of Mekdela Computers to build a strong foundation from which the kids of Mekdela can expand their knowledge of computers. Our goal is to build and sustain a stable computer lab in which the children can gain knowledge in an encouraging environment. The 21st century has become a macrocosm of different aspects of technology and due to this not having a basic understanding of technology has become detrimental to future success. This is why we strongly believe that these kids need to have this skill set.</p>	<p>Grade Level: HS Place: SEC 1 Limit: 20 Time: 2:30-4:30 PM</p>
<p>Sele Enat Orphanage Endrias Kassahun</p> <p>Students go to work with babies and children at Sele Enat Orphanage. Two groups will have the opportunity to interact and learn about caring for babies and toddlers, including feeding, changing and stimulating them. The students will also be working with a group of kids with either physical or mental disabilities, they will be assisting in the physical therapy and socialising for these children. Students will also read books, teach, help with homework and do art projects with the older children. In previous years students have also worked on improving the facilities at Sele Enat including a babies room and improvements to the dining hall.</p>	<p>Grade Level: G7-12 Place: Sele Enat Orphanage Limit: 15</p>



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THURSDAY

<p>CCC Nathan Haines</p> <p>The Children's Cross Connection (CCC) Children's Home is an orphanage in Wolaita Soddo. There are 57 children, ages 4-18, who live at the home and an addition 20 young adults who live either in the transition program or are supported while completing university or vocational training programs. The CCC ASA is a CAS Project, started originally by Maeve Redmond and Izabela Berile. It is now led by these two girls, together with Zeinaba Abdulwahab, all 12th grade students. The goal of the CAS Project is to help raise funds and provide materials that help to improve the care of the children living at the CCC Home.</p>	<p>Grade Level: G11-12 Place: S-117 Limit: 10</p>
<p>Global Issues Tash MaCaroll</p> <p>Join our active group that will be exploring issues of global importance and then doing our part to create change through creating community partnerships and service-based projects. Members will have the opportunity to attend the Global Issues Service Summit in Johannesburg in March.</p>	<p>Grade Level: HS Place: SEC 2 Limit: 20</p>
<p>Students for Sustainability Ryan Murphy</p> <p>Sustainability is the intersection of ecology, economics, politics and culture. Students for Sustainability is an opportunity for HS students to propose, plan, and execute development projects at and around ICS to improve the sustainability of our community. This ASA will also involve work with the Gullele Botanical Gardens. No prior experience is needed!</p>	<p>Grade Level: HS Place: S-103 and environs Limit: 15</p>
<p>Get Crafty with Paper Wendy Creighton-Ayele</p> <p>Learn to make journals or cards out of paper. We will also learn some scrapbooking tricks to create your own memory books with your favourite photos.</p>	<p>Grade Level: MS Place: U-006 Limit: 15</p>
<p>Minecraft Colleen Wilson</p> <p>We will be playing Minecraft and any other online games that you suggest to your pals that are school appropriate, of course. Hopefully we can share our cool moves with our peers. If the internet goes down, we have different board games to play.</p>	<p>Grade Level: MS Place: E-011 Limit: 24</p>
<p>Ultimate Frisbee Brian Greenough</p> <p>Ultimate Frisbee is a fast-paced, non-contact sport that combines elements of basketball, soccer and netball, but using a disc instead of a ball. All HS students are welcome including both boys and girls and beginners. Bring a friend! Also, if you come bring a white t-shirt and a colored t-shirt, football cleats and water.</p>	<p>Grade Level: HS Place: Upper Pitch Limit: 24 Time: 6:00 - 8:00 PM</p>
<p>STEM Challenges Jessica Ream</p> <p>"We will use STEM (science, technology, engineering and mathematics) education with the arts to solve instant challenges. Students use the creative process to turn their ideas into reality and learn invaluable skills through the process including: Creative & Critical Thinking, Team Building, Problem Solving, Risk Taking Project Management, Perseverance and Self-Confidence."</p>	<p>Grade Level: MS Place: E-042 Limit: 15</p>
<p>ISSEA STEM (Robotics) John Iglar</p> <p>Build robots and get ready for ISSEA STEM in April.</p>	<p>Grade Level: HS Place: S-021 Limit: 15</p>
<p>Jazz/Rock Band Meghan Hardy</p> <p>All instruments are welcome in this group. We will be going back and forth between jazz and rock band. Anyone with instrumental experience is welcome!</p>	<p>Grade Level: MS/HS Place: G-120 Limit: 20</p>
<p>Good Knight Marie de Peyrecave</p> <p>This project is to help children (and adults alike) who have no stable houses or roofs above their heads when sleeping. We want to provide clothes that retain heat like jumpers, blankets, socks and hoodies.</p>	<p>Grade Level: HS Place: Quad Limit: No Limit Time: Lunch Time</p>

FRIDAY

HS Friday Frisbee Fun	Erik Hathaway	Grade Level: HS
It's always hard to find something to do on a Friday afternoon after a tough week at school. Why not get out and play frisbee? Improve your agility, speed, hand-eye coordination and endurance in this all-around, no-contact sport. Every Friday, meet at the lower field from 3:30-4:30 to do some short warm-up drills, play a game of frisbee and then end the week on a great note! Anybody interested is encouraged to come, and beginners are welcome. Come out and play!		Place: Upper Basketball Court
		Limit: 20
Literati	Lucy Venkova	Grade Level: HS
Discuss controversial issues in literary works.		Place: S-119
		Limit: 15
E-Sports	Ryan Murphy	Grade Level: HS
E-Sports is a group dedicated to creating a friendly yet competitive environment for High School students to enjoy one of their favorite hobbies, in school! We will be playing games such as FIFA 2017, NBA 2k17, Madden, Rocket League, and many others. We will not include any excessively violent or shooter games in this activity, for the time being.		Place: TBD
		Limit: 20

SATURDAY

ISSEA STEM (Robotics)	John Iglar	Grade Level: HS
Build robots and get ready for ISSEA STEM in April.		Place: S-021
		Limit: 15



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The International Community School of Addis Ababa is a premier early childhood through grade 12 school offering a holistic, vigorous and inclusive program.

An International Baccalaureate Diploma school, accredited in the United States, ICS serves a diverse, multi-cultural student body on a beautiful, well-equipped campus.

OUR MISSION

We nurture the talents, character and intellect of all learners, challenging them to be a positive influence and empowering them to excel in their world.

OUR VISION FOR LEARNING INCLUDES

- engaging learning experiences through inquiry and reflection
- a broad range of local, global and virtual opportunities
- innovative and flexible use of resources

ICS LEARNER PROFILE

The ICS Learner profile is the core foundation of what we teach at ICS, beyond academics. We believe that these skills and traits will help our students develop into compassionate, engaged and active global citizens.

AS ICS LEARNERS, WE STRIVE TO BE . . .

INQUIRERS

We nurture our curiosity, developing skills for inquiry and research. We know how to learn independently and with others. We learn with enthusiasm and sustain our love of learning throughout life.

KNOWLEDGEABLE

We develop and use conceptual understanding, exploring knowledge across a range of disciplines. We engage with issues and ideas that have local and global significance.

THINKERS

We use critical and creative thinking skills to analyse and take responsible action on complex problems. We exercise initiative in making reasoned, ethical decisions.

COMMUNICATORS

We express ourselves confidently and creatively in more than one language and in many ways. We collaborate effectively, listening carefully to the perspectives of other individuals and groups.

PRINCIPLED

We act with integrity and honesty, with a strong sense of fairness and justice, and with respect for the dignity and rights of people everywhere. We take responsibility for our actions and their consequences.

OPEN-MINDED

We critically appreciate our own cultures and personal histories, as well as the values and traditions of others. We seek and evaluate a range of points of view, and we are willing to grow from the experience.

CARING

We show empathy, compassion and respect. We have a commitment to service, and we act to make a positive difference in the lives of others and in the world around us.

COURAGEOUS

We approach uncertainty with forethought and determination; we work independently and cooperatively to explore new ideas and innovative strategies. We are resourceful and resilient in the face of challenges and change.

REFLECTIVE

We thoughtfully consider the world and our own ideas and experience. We work to understand our strengths and weaknesses in order to support our learning and personal development.

BALANCED

We understand the importance of balancing different aspects of our lives—intellectual, physical, and emotional—to achieve well-being for ourselves and others. We recognize our interdependence with other people and with the world in which we live.

MS/HS After School Activities (ASA)

